STARTERS

Tortilla Chips & House-Made Salsa $4

Loaded Cheesy Fries $6
With melted cheddar cheese, crispy bacon, fresh green onions and ranch for dipping

Cheese Quesadilla $6
With sour cream and salsa
--Add grilled chicken for $2 | Or grilled shrimp for $3

Fresh Tomato Bruschetta (4 ea) $6
With virgin olive oil and fresh basil on toasted garlic points

Mozzarella Sticks (8 ea) with Marinara $7

Fried Monterey Bay Calamari $8
With cocktail or tartar sauce

HEALTHY OPTIONS

Add grilled chicken $3 or grilled shrimp $5

House or Caesar Salad $5

Mediterranean Salad $9
Romaine hearts, topped with goat cheese, Spanish olives, grape tomatoes, red onions, roasted red peppers, cucumbers

California Cobb with Avocado $9
Spring mix blend with cucumber, tomatoes, red onions, hard-boiled egg, crispy bacon and mushrooms topped with white balsamic vinaigrette and crumbled gorgonzola

Vegan Sautéed Platter of Assorted Vegetables $12
Zucchini, Yellow Squash, Eggplant, Asparagus, Spinach and Grape Tomatoes, served with Pesto Sauce

ASIAN OPTIONS

Braised Pork Belly Adobo $15
Served over steamed rice and topped with green onions

Wok Sautéed Garlic Chicken $16
Served over steamed rice with sweet peppers, snow peas and mushrooms

Trident Room Pub Sampler $14
(4 ea) Mozzarella Sticks, Onion rings, Poppers, and Chicken Wings

Del Monte Cheese Plate $10
Spanish olives, gourmet cheeses, fruit and assorted crackers

Jalapeño Poppers (6 ea) $8
Stuffed with cream cheese, served with ranch for dipping

Jumbo Chicken Wings (6 ea) $9
With ranch and spicy buffalo sauce for dipping, carrot and celery sticks
FAVORITES

German Style Bratwurst $7
Grilled to perfection, served with sautéed onion, julienne of sweet peppers, served on a fresh baked roll, Comes with choice of one, side coleslaw or French fries

Southern Style Chicken Tenders and Fries $9
With BBQ sauce and ranch for dipping

Alaskan Cod Fish and Chips $12
Served with fries and coleslaw

Pizza
12-inch, thin crust pizza, large enough to share!
   Cheese $13
   Pepperoni $15

PASTA

Add a cup of soup du jour, side salad or garlic bread for just $2!

Spaghetti with Homemade Meatballs $12
Italian style meatballs made with pork and beef, braised in marinara sauce, topped with Pesto sauce and parmesan cheese

Ravioli Primavera $15
Filled with buffalo milk ricotta cheese and spinach, tossed with baby kale, grilled sweet peppers, yellow squash and zucchini

Grilled Chicken Alfredo $15
All-natural chicken breast grilled and seasoned to perfection, served atop a bed of linguini tossed in our signature Alfredo sauce

KIDS MENU

(12 & UNDER) $5
Includes fries, tots or fruit. Also includes soda or juice.

Spaghetti | Sliders
Mac & Cheese | Chicken Tenders
Fish & Chips | Grilled Cheese

DESSERT $4
-Ask about our daily selections

SIDES $3 EACH
Garlic Bread | French Fries
Sweet Potato Fries | Onions rings
Tater Tots | Coleslaw
Cup of Soup du Jour | Side Salad
Seasonal Steamed Vegetables

Sandwiches

All sandwiches served with your choice of one side

B.L.A.T. $9
Center-cut bacon, lettuce, avocado and tomato with Monterey jack cheese on toasted sourdough

Famous Charbroiled Trident Burger $10
1/2 lb. of fresh Angus beef garnished with red onions, lettuce, tomatoes and pickle, served on a toasted fresh-baked bun
- Build it up! Add cheese, avocado, jalapenos, a fried egg, bacon or sautéed mushrooms for an additional $1 each
- Add a second patty for just $3!

Cheesesteak Sandwich $12
Thin-sliced grilled sirloin beef, with grilled onions, sautéed red and yellow peppers and melted Monterey Jack cheese, served on a soft French roll

Monterey Chicken Club $12
Grilled herb-marinated chicken breast, served on a toasted fresh-baked bun with Monterey Jack cheese, lettuce, tomatoes, avocado, bacon and ranch dressing

Grilled Three Cheese $7
Cheddar, American and Swiss cheese with sliced vine tomatoes on toasted sourdough. Add center-cut bacon for only $1 more

ENTREES

Add a cup of soup du jour or side salad for just $2!

Grilled Salmon with Lime Beurre Blanc $18
Served with Chef’s choice of vegetable and side dish

Classic Beef Pot Roast $18
Slow braised tender beef sirloin in naturel jus, fresh thyme, carrots, onions, celery. Served over creamy garlic mashed potatoes

Grilled Angus New York Steak $22
Served with a Red Wine sauce, house prepared Yukon mashed potatoes and seasonal garden vegetables